

Alternatives 2 Suicide

Peer Support Group

a safe place to talk about, sit with, and work
through thoughts of wanting to die

Hosted by The Ruach Foundation

*Beginning
June 6*



**Where: Center for Nonviolence
235 Creighton Ave, Fort Wayne**

When: Tuesdays 6-7:30pm

Childcare is not provided. Due to the nature of this group,
children are not permitted in the meetings

If you have questions or want more information, email
us at theruachfoundation@gmail.com

This group holds to the charter created by The Wildflower
Alliance. Judgement regarding coping skills is withheld, and
each person is viewed as the expert in their own life.